

Wildcat Canter

University of Kentucky Ag Equine Programs Newsletter

UK Ag Equine at
2014 Hats Off Day



Wildcat Canter



Finding the distance

In the February 2014 issue of the Wildcat Canter, Cate Thomas introduced herself and her blog, “Finding the Distance,” as she embarked on an internship with Murphy Manor to Wellington, Fla. Her internship did not fall short of expectations, and turned into an educational experience in more ways than Thomas anticipated.



Booklets on safe equine travel released

University of Kentucky HealthCare, in partnership with UK colleges of Public Health and Agriculture, Food and Environment and in conjunction with close to 50 community, equine and medical organizations, has released two new educational booklets within the Saddle Up Safely educational partnership.



Equine Science and Management alumni profile

Natalie Voss...I grew up riding hunter/jumpers, I also watched racing at any chance I could get. For my first year at UK, I rode on the University of Kentucky Equestrian Team-Hunt Seat.

Other features:

Edith Conyers: A tour de (horse) force

Five new directors join Kentucky Horse Council Board of Directors, including some from UK

Faculty Spotlight: Ernie Bailey



So how was your summer?!?

As the picture indicates, mine was...eventful! During the State 4-H horse show, a girl in a speed event lost control of her horse and crashed through the end gate. I was on the opposite side of said gate and prevented their forward motion with my head (for future reference, this is not the recommended methodology!). I was taken to the hospital and through a true blessing, only suffered a grade II concussion and soft tissue damage to my neck. The grimace on my face in the picture is largely due to Dr. Camargo attempting to comfort me by patting the inch-high hematoma that had already formed on top of my head. Thanks Dr. C!

Thankful that my injuries weren't worse, I realized how lucky I was and how life is too short to sit by futilely waiting for something to happen. This new school year can be the beginning of an adventure if you let it. I know it sounds cliché. Every year, universities around the country produce propaganda that encourages participation in school sponsored events. Why do they do it? Because we have all been college students before (some longer ago than others) and we realize that the stuff we participated in outside of the classroom was what made our college experience memorable. In today's world, everyone is connected via computers; therefore the personal connections that you make are so much more meaningful. So I challenge everyone to step outside of your comfort zone. Get to know your classmates, your professors, attend a club meeting or event and see where it takes you. Become an active contributor to the fruition of your dreams.

Seize the day.

Amy Lawyer
Equine Extension Associate



Upcoming Events:

September 1

Labor Day- No Classes

September 3-6

College of Agriculture, Food and Environment Round Up

September 3

Last day to add a class for the 2014 Fall Semester

September 3

Last day to officially withdraw from the University or reduce course load and receive an 80 percent refund

September 8-19

Keeneland September Yearling Sale

September 14

Horses and Hope Trail Ride

September 15

Welcome Back BBQ for equine students

September 17

Last day to drop a course without it appearing on the student's transcript

September 17

Last day to change grading option (pass/fail to letter grade or letter grade to pass/fail; credit to audit or audit to credit)

September 20

Asbury University's 6th-annual Draft Horse Field Day, 9 a.m., Asbury University

September 24

Last day to officially withdraw from the University or reduce course load and receive a 50 percent refund

MASTHEAD

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*Dr. Martin Nielsen, assistant professor in the Department of Veterinary Science at Bryerfest
Photo: His daughter, Ida-Sophie Sigsgaard*

Finding the Distance

Hannah Forte

In the February 2014 issue of the Wildcat Canter, Cate Thomas introduced herself and her blog, “Finding the Distance,” as she embarked on an internship with Murphy Manor to Wellington, Fla. Her internship did not fall short of expectations, and turned into an educational experience in more ways than Thomas anticipated.

Cate Thomas grew up on a small farm in Nashville, Tenn., with all of her horses in the backyard. She was introduced to horses as a baby, and received her sister’s pony at the age of 5. Before beginning her riding career in hunters and jumpers three years ago, Thomas dabbled in several areas including Pony Club, dressage and eight years of equestrian vaulting.

She sought to immerse herself in the equine industry and surround herself with top professionals during her time as an Equine Science and Management major at the University of Kentucky. She chose UK because of its location at the heart of horse country and access to all things equine.

Her internship in the spring of 2014 provided an opportunity to gain experience as a professional trainer in the equine industry. Thomas was able to work closely with Melissa Murphy of Murphy Manor, a hunt seat and jumping farm that specializes in training, showing and sales.

According to Thomas, she chose this internship site because of the impressive program, and the amount of time and attention given to each horse and client.

Thomas said, “I wanted to work for someone who truly cared about their horses and clients. Murphy Manor puts each horse first and the amount of care given to them is amazing. I wanted to have the true training and showing experience where each horse is happy, healthy and excited to go jump a course.”

Her responsibilities included basic care of the horses, including feeding, turning out and cleaning stalls. She also had the opportunity to ride and groom for clients. In her off time from work, Thomas was able to show her own horse, Ulmus, and won an adult amateur jumper class.

When asked her favorite part of the internship, Thomas said, “Traveling to different farms and trying horses with Melissa for a client. I had the opportunity to sit on some incredible horses!”

Thomas said the experience taught her a lot about communication and how to handle situations in a professional manner. Working with horse owners and clients can be controversial and stressful, but taught her about communication and patience.

Currently a senior, Thomas plans to continue training with Melissa Murphy after graduation. She will maintain her amateur status a few years and gain more experience before officially declaring herself a professional. Eventually, Thomas would like to own a barn with clients and sale horses, but she would also consider a position to ride for a trainer.

“Having the opportunity to work with and learn from some of the best really got me excited to pursue my career and work towards my goal of becoming a professional trainer,” Thomas said.

“Having the opportunity to work with and learn from some of the best really got me excited to pursue my career and work towards my goal of becoming a professional trainer.”



Edith Conyers: A tour de (horse) force

Holly Wiemers

UK's Equine Industry Advisory Committee was formed to serve as the central advisory committee for the College of Agriculture, Food and Environment's equine programs, providing advice on major issues, decisions, strategies and trends affecting the relationship of UK's equine programs to the Kentucky horse industry. This committee provides advice, clarity, focus and advocacy for the very broad set of priorities and needs typical of land-grant university programs. We will periodically showcase the exceptional industry members who make up this committee in upcoming issues of the Wildcat Canter. We are incredibly fortunate to have these individuals, horsemen and horsewomen who so generously give their time and expertise to help our program succeed.

For every horse show, fox hunt, trail ride, rodeo, fill-in-the-blank horse event, there is an army of people who work tirelessly behind the scenes to make the magic happen. And within this army of magic makers, surely one of the greatest generals is Edith Conyers.

During an initial conversation after meeting her, Conyers might not strike you as one of the legends of our equine industry. Unassuming, quick to find humor in a situation – and often at her own expense, Conyers is one of those special people who somehow turn a conversation into topics all about the other person with a distinctive knack of making those around her feel really good about themselves.

However, don't be fooled by her avoidance of the spotlight or her modest responses to your questions. If you are fortunate enough to have a conversation with Conyers, rest assured that you are talking with a remarkable horsewoman and titan in the industry.

Perhaps it is her unassuming nature that makes her so effective at bringing people together, building consensus, finding solutions to problems that seemed too big to solve or goals too big to tackle. Or maybe it's because she believes in hard work, in doing what you said you would do while at the same time always remaining kind, curious and open-minded.

Whatever the combination of personality traits might be, the fact remains that Conyers has accomplished a great deal in her life and her actions have positively impacted the worlds of equine competition and recreational riding for years to come.

As impressive as that impact has been, her life experiences with horses and mules, that all-in, try everything, take chances and just do it verve, might be one of the most impressive things about her.

Conyers has amassed a lifetime – and then some – of horse experiences. It's almost like she answered every opportunity with a, "Sure. Why not?" Consider that as of a few years ago, she had fox hunted with more than 65 U.S. hunts, as well as 20 international ones.

Climb Mount Kilamijaro because a friend thought it would be fun? Sure. How about navigating Class 5 rapids in Africa? Check. Would love to go. Two weeks in Mongolia to live and ride with the people, meeting up with the reindeer people of Siberia and traversing the most vast country she had ever seen? Absolutely! Sign her up! Saddle broncs and roping in rodeos while in college? Bring it on. Same for learning saddle seat, because heck, she hadn't tried that yet!

"We are proud to have Edith as an advisory committee member and we value her dedication and good ideas," said College of Agriculture, Food and Environment Dean Nancy Cox. "Edith is the complete horsewoman and is a source of admiration for her many friends, with her leadership in trail riding and pony driving, among other pursuits. We are proud to have her on our team to inspire our faculty and students."

In a radio interview for the show "Equestrian Legends" on the Horse Racing Radio Network with host Chris Stafford (hear the fascinating interview here: <http://equestrianlegends.horseradionetwork.com/2011/11/02/equestrian-legends-episode-9-horsewoman-edith-conyers/>), Conyers answered the question about what she'd want her legacy to be as others learning that with patience and diligence and responsibility for their actions, they can do anything.

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A Q&A with Edith Conyers

What made you interested/willing to commit some of your time and energy to this program? Maybe some of the goals or vision you had with this commitment.

Well, Norm Luba asked me to do it and I like Norm a lot and felt honored to be asked to be on this committee. I am happy to be on it and hope that I have contributed a little bit at least. When asked, I was not very sure about what I was getting into so did not have any preconceived goals. Now I think my main interest is how to manage to get expansion of facilities to better accommodate the expansion and popularity of the program.



Also, if you could offer your (sage) advice to our undergraduates, what would you tell them? This could be for career endeavors, or even seizing life and living it well.

I think that I would advise them to take on any or all chances in life and career—even if it means going to faraway places and/or having to function outside their comfort level. I did not take some chances when I was younger, and still to this day have moments of regrets.

If you could go back to that age/time, what is one thing you think you would have liked a do-over on, or to do differently?

I think that is sort of the same as above, but in addition I would recommend not allowing oneself to wallow in any self-deprecation. I had to overcome feelings of lack of self-worth and I was fortunate to be able to talk myself into feeling good about myself and not dwell on things that were older than 24 hours old (especially if it was negative in any way). Could not do anything about it anyway, so I think I would have started on that self-project at a younger age than I did. I was nearly 30 before I had figured it out.

Finally, last one. Your favorite (or collection of favorite) horse moments over the years? What are some that really stick out for you?

This is probably the toughest one. There are so many special times with horses. When young, it was beginning to foxhunt at age 8 and the love of that has lasted for 65 years. Learning to drive our ponies from my mother and giving rides to raise money for causes of hers. Being involved in the beginnings of three-day eventing in the Midwest in the early 70s when it was an east and west coast sport---then that leading into being involved in getting Kentucky to put in a bid for the 1978 World Three Day Event Championships. Then actually directing the Championships themselves and realizing that all that early effort led to the WEG in 2010. In the middle of all that I had a famous mule named Kit who was pretty world-renowned (<http://www.chronofhorse.com/article/tbt-long-ears-big-heart>), had a small freaky horse given to me as an unbroken 4-year-old that went to the 1980 Alternate Olympics in France.

Then there are all the horse-connected trips I have done domestically and globally with my own horses and mules and with others in foreign countries. (Mongolia for instance---riding for 14 days and never going through a gate or fence.) Five trips into the Bob Marshall Wilderness in Montana, starting at age 13 and the fifth one being in 2013---were all meaningful and impressive. That is a drop in the bucket, but are some of the highlights that I reminisce on regularly.

A list of accomplishments from a lifetime of pursuing your passion looks something like this.

(It actually might be easier to list what Conyers *hasn't* done.) Some of the highlights include:

- She gained a name for herself breeding, training, buying and selling high-quality fox hunting and pleasure horses, in particular earning a reputation for turning ordinary horses into well-rounded field hunters.
- She has traveled around the U.S. and across the world with and on the backs of her horses and mules.
- Conyers was involved with several good sport horses, notably including an unbroken 4-year-old Pinto mare she trained. That mare became the eventer known as Potroon who was later ridden to international success (ultimately going to the 1980 Alternate Olympics – so named because the event was held in France with several Western teams in attendance instead of the boycotted Games in the Soviet Union. There Potroon finished with individual Bronze and team Silver medals).
- Conyers led efforts to bring the Rolex 3-Day Event to Kentucky in 1976.
- She started then served as director of Equestrian Events, which puts on Rolex, from 1976-1985.
- She was on the U.S. Eventing Selection Committee for the Olympics in 1984.
- She was asked to be the executive director for the 1984 Los Angeles Olympics, but said she declined because it was not a time in her life she could leave home and be away from her family for that long.
- She served on the board of the United States Pony Club and the USPC Show Jumping Committee.
- She served on the board and as technical delegate for the U.S. Eventing Association.
- She served on the eventing committee of the U.S. Equestrian Federation (formerly American Horse Show Association).
- Conyers was the Joint Master of the Hounds for the Iroquois Hunt in Kentucky for five years and was one of the early founding members of the Woodford Hunt.
- As of 2011, Conyers hunted with more than 65 hunts in the U.S., eight in Ireland, 10 in the UK, one in New Zealand and one in France.
- In the early 90s, she was among a group of sport horse people who helped the PMU breeders in Canada (PMU refers to the pregnant mares used to produce the treatment called Premarin for women) by encouraging the farms to breed their draft mares to good Thoroughbred stallions, in turn producing high-quality sport horses.
- Conyers has been a tireless champion and facilitator for recreational riding and trails issues. She started and served as the president of the Kentucky affiliate of Backcountry Horsemen of America, promoting trails stewardship in conjunction with the Kentucky Equine Education Project (KEEP) and the Kentucky Horse Council, as well as working with state trail riding groups.
- She advises Kentucky First Lady Jane Beshear on trail riding issues affecting the Commonwealth.
- She was a Kentucky Horse Council board member, serving on its trail committee.
- She also served as board member of Masterson Station Park.



Her early life:

- Edith Harrison Conyers was born in 1941 in Cincinnati, one of four children (she has two sisters and one brother). As a child, she grew up with horses, among many other animals, and early on her horses and ponies served as one of her most assessable means of transportation. Her family took many trips out West riding and Conyers spent a great deal of time trail riding with her family during those vacations.

Her education and career:

- Conyers attended Miss Dougherty's School for Girls in Cincinnati (grades K-7); Hillsdale School in Cincinnati (grades 8-9); and boarding school at Grier School outside Tyrone, Penn., for grades 10-12, graduating in 1959.
- She served as courier for a few summers in Eastern Kentucky for the Frontier Nursing Service, later going on to attend nursing school (much to her father's dismay, and likely because of that disapproval she thinks) at the University of Colorado, Boulder, Christ Hospital School of Nursing in Cincinnati and St. Mary's School of Nursing in Tucson, Ariz.
- She also attended the University of Kentucky and became a nurse practitioner in Kentucky in the early 70s.
- She worked for a veterinarian's office in Lexington, with the Fayette County Health Department, then a Lexington-based HMO.



Her home:

- She married veterinarian Ewell Powell (E.P.) Conyers in 1969 and they had two daughters, exceptional horsewomen in their own right: Elizabeth Harrison Conyers (1970) and Sarah Huntington Conyers (1973). Her husband passed away in 1989.
- Conyers first had a farm in Clark County, then downsized in 1999 to her current farm in Montgomery County, where she has a small flock of hair/meat sheep, two trail riding/packing mules and two Haflinger ponies she drives (jokingly saying two Haflingers make a whole-linger).

Other fun reads/listens to learn more about Conyers include:

<http://equestrianlegends.horseradionetwork.com/2011/11/02/equestrian-legends-episode-9-horsewoman-edith-conyers/>

<http://www.chronofhorse.com/article/tbt-long-ears-big-heart>

<http://www.msadvocate.com/morestory.aspx?storiesID=456>

<http://www.mccrearyrecord.com/x1191301764/Two-Mules-a-Day-Keep-the-Back-Pain-Away>

<http://useventing.com/sites/default/files/aborrowedhorse.pdf>



UK staff member and researcher quoted in Huffington Post

Lissa Pohl, assistant director of the Center for Leadership Development, was recently quoted in a story in the Huffington Post. Read more at:

http://www.huffingtonpost.com/2014/08/10/how-horses-help-humans_n_5634554.html.

Five New Directors Join Kentucky Horse Council Board of Directors, including some from UK

Source Kentucky Horse Council edited news release

The Kentucky Horse Council has recently elected five new directors to its Board of Directors. The new appointments are slated to begin their service to the Kentucky horse industry immediately. Among those five new directors is UK's very own, Bob Coleman, PhD. Coleman is the Director of Undergraduate Studies and Associate Director of the UK Ag Equine Programs. He has his Ph.D. in Animal Science from the University of Alberta, an M.S. in Animal Science from the University of Manitoba, and a B.Sc. in Agriculture from the University of Manitoba. He has served as the Extension Horse Specialist at the Alberta Agriculture, Food and Rural Development in Edmonton, Alberta. Coleman's areas of interest include equine nutrition, utilization of forages by the horse, horse care and management, and horse industry economics.

To read the entire news release, please visit <http://www.kentuckyhorse.org/en/rel/354/>.

Invitation to Biomechanics Event

As part of the Kentucky Free Education Program sponsored by the International Society of Rider Biomechanics, we are inviting all Kentucky enrolled High School Students and University Equine Program Students in Kentucky to attend the following functions:

- Ride to Music: How to sync your riding and gaits to music. At Black Pearl Farm in Paris, KY Wed, Sept 17 at 6:30. Dinner is included! For more info: <http://riderbiomechanics.net/2014/07/23/informal-ride-to-music-night-all-invited/>
- Olympic Selector for Spain - Luis Lucio will give lessons at EVADI Farm on Iron Works Sun, Mon, Tue 21, 22, 23 Sept, 2014. You can have lessons with him (for a fee) or watch him giving lessons for free. For more info, go to <http://riderbiomechanics.net/2014/07/19/luis-lucio-clinic-2/>

These are all part of the bigger event: the ISRB annual symposium. For more info about the symposium, go to <http://riderbiomechanics.net/2014/07/23/kentucky-training-money-saving-packages-announced/>

Please RSVP to Nicole Schneider at ckriderbiomechanics@gmail.com

Faculty Spotlight: Ernie Bailey

Hannah Forte

Ernie Bailey is a geneticist and professor of veterinary science at the University of Kentucky Gluck Equine Research Center. He earned his PhD in genetics at the University of California, Davis and came to UK in 1979 where he established a research program in horse genetics. Bailey was a researcher and leader of the Horse Genome Project, which was responsible for sequencing the first horse genome in 2006.

Bailey said he knew that he wanted a career in research after receiving his PhD. Although he had studied horse genetics and immunology, he felt that there were more opportunities in human genetics and immunology. However, he received an invitation to apply for a faculty job at UK and accepted the interview after persuasion from his PhD advisor and department chair.

Bailey said, “During the interview I met UK scientists who were well supported by the university and industry and doing exciting research on horses. They were impressive. I wanted to be part of the program.”

Bailey’s work is certainly not typical. In the fall season he teaches a class in horse genetics which consumes most of his time, as well as other classes in the spring semester. He will travel to San Diego for an international agricultural genetics meeting in January to present research. Year-round he is applying for grants and assisting students with discoveries, analyses and reports.

When asked about his work for the future, Bailey said, “The next challenge is to find a way to use genomics for identification of complex genetic patterns.”

Bailey works with graduate and undergraduate students to complete his research. According to him, they have different roles and objectives in research programs. Undergraduate students want to learn what research laboratories are about and discover things. Graduate students have typically decided that they would like to become scientists, so they focus on understanding their discipline and creating questions to expand the knowledge in their field.

Of graduate students, Bailey said, “Productive curiosity is the trait to nurture.”

According to Bailey, students benefit from participating in research in three ways. It is an opportunity to experience working in a research lab, it is exciting to discover something new and faculty advisors can provide excellent letters of recommendation.

When asked how students can become involved in research, Bailey said, “Not every scientist will have an opportunity for students to work in the lab but it is entirely appropriate for students to approach any faculty member and ask about opportunities.

“Think about a subject area that interests you or a faculty member who inspired you,” he said.

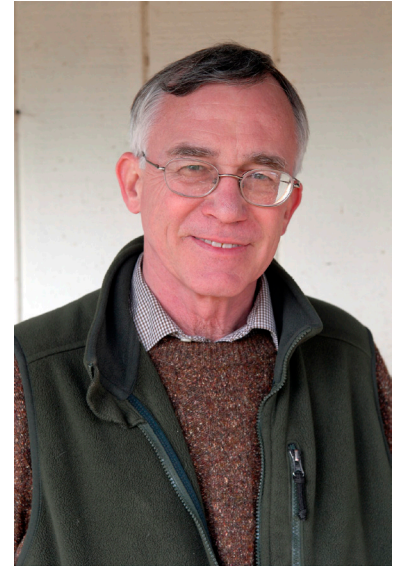
According to Bailey, opportunities are often informal and not advertised. If asked, a faculty-scientist may be able to provide an opportunity or suggest a better contact.

For students considering graduate school, Bailey suggested choosing a mentor with a similar style and work ethic. Mentors may have structured programs that develop discipline or they may have largely unsupervised programs that may foster independence.

“Graduate school is an internship and the student will be a unique product of a mentorship experience,” Bailey said.

Aside from working hard, Bailey advises students, “Ask questions. You will find discussions more interesting if your mind is looking for questions.”

Bailey will be inducted to the Equine Research Hall of Fame on Oct. 9, 2014. For more information on his induction, please visit <http://news.ca.uky.edu/article/equine-research-hall-fame-inductees-announced-0>.



ESMA Alumni Updates

With a new academic year upon us, it is a great reminder of the past students we've been blessed to have in the Equine Science and Management Program...116 alumni to be exact. Throughout the year we have been in the process of planning several events for this fall that we'd like you to be aware of. While you should have already received information for them, please take a look and let us know if you will be able to join us by contacting us at equine@uky.edu or (859) 257-2226.

Monday, Sept. 15 – Welcome Back BBQ for Equine Students at University of Kentucky's Good Barn starting at 5p.m. We welcome alumni to come join us for a meal and fellowship with our current equine students. If you're interested in putting together an alumni team for the 2nd Annual Equestrian Olympics, please contact Kristen Wilson at kristen.wilson1@uky.edu.

Saturday, Oct. 11 – Equine Science and Management Alumni Tailgate at Keeneland Race Course in Lexington, from 11 a.m. to 1:30 p.m. Socialize, reconnect, bring a friend and enjoy a day at the races on us. Stop by and pick up a general admission ticket and gift from us! Snacks and beverages will be provided.

We'd also love to hear from our alums as you have updates. Please send us contact information updates, job updates, etc...to Kristen Wilson at kristen.wilson1@uky.edu so we can stay in touch with you and celebrate the great accomplishments you've had since graduation!

Welcome Back Equine Students!

The new academic year is now upon us and you can definitely tell from the recent increase in activity across campus. We are excited to welcome approximately 100 new students to the Equine Science and Management Program this fall. As a matter of fact, we will now be at a new all-time high for enrollment with approximately 315 students enrolled within the program. As you are settling into the new semester, please remember that your academic advisor can be a great resource for answering questions you might have. Contact information for each of our equine academic advisors is below. If you do not know who your advisor is, please check via myUK or contact Kristen Wilson. Finally, be sure to check the calendar of events for important deadlines in regards to course drop/adds and schedule changes.



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Spring 2014 Dean's List

Congratulations to our ESMA Students!

*Sara Abell
Alexandra Bertke
Corbin Blumberg
Emily Daunhauer
Erin DesNoyers
Kennedy Ellingson
Anastasia Gliatis
Jessica Hagan
Julia Johnson
Samantha Latza
Samantha Maillie
Rebecca Mears
Erin Morgan
Michelle Newman
Kelsey Petersen
Jacqueline Post
Curran Prettyman
Crosby Reed
Sarah Sivinski
Ashley Swink*

*Ian Bennett
Veronica Bill
Taylor Burns
Jennifer Davis
Kelsey Drew
Kaitlin Farmer
Victoria Gott
Fallon Jackso
Daina Kaugars
Kayleigh Leavell
Eva Mangan
Layne Miller
Rachel Nelson
David Park
Stuart Pope
Kelli Powers
Morgan Pyles
Hannah Salyer
Virginia Stilwell*

Chellgren Center Honors 43 New Fellows

The University of Kentucky Chellgren Center for Undergraduate Excellence honored its newest class of Chellgren Fellows this past weekend. Benefactor Paul Chellgren, along with Chellgren Endowed Chair Philipp Kraemer, recognized and congratulated the students on being named Fellows.

Among those Fellows, was Marie Noel, an equine science and management and Animal Sciences double major from Rineyville, Ky.

To read the entire article and to see a complete listing of the 2014-2015 Chellgren Fellows, visit <http://uknow.uky.edu/content/chellgren-center-honors-43-new-fellows>.



Booklets on safe equine travel released

Holly Wiemers

University of Kentucky HealthCare, in partnership with UK colleges of Public Health and Agriculture, Food and Environment and in conjunction with close to 50 community, equine and medical organizations, has released two new educational booklets within the Saddle Up Safely educational partnership.

“Trailer Your Horse Safely” and “Travel to a New Environment” cover topics including choosing a trailer, preparing a horse for a trip, information for time in transit, horse behavior away from home, overcoming horse fears and equine safety resources.

Members of the Saddle Up Safely Auxiliary wrote the booklets. The auxiliary is a group of program volunteers who are knowledgeable and passionate about rider safety issues and help create and disseminate the campaign’s educational messages.

“The auxiliary regularly met to discuss and debate each safety point to ensure the recommendations were grounded in good horsemanship and were realistic,” said Bill Gombeski, director of strategic marketing at UK HealthCare and Saddle Up Safely lead. “I really appreciate their dedication and vision, and the help of the dozens of other horse experts who provided feedback about the material.”

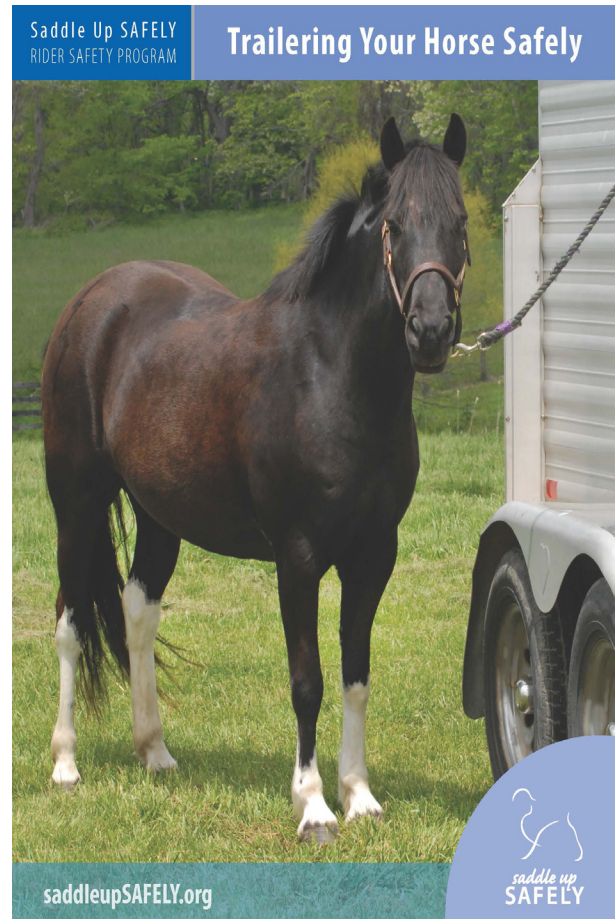
Saddle Up Safely was launched in 2009 in response to the number of riders admitted to UK’s Chandler Emergency Department. The campaign aims to increase awareness and educate riders about riding and horse handling safety. Its ultimate goal is to reduce the number and severity of rider injuries and help make a great sport safer.

Statistics underscore the need. According to the National Electronic Injury Surveillance System’s 2007 estimates, millions of people ride horses each year, generating approximately 79,000 emergency room visits, with more than 13 percent of those admitted to the hospital.

While motorcycle riders experience a serious injury every 7,000 hours of riding, horseback riders experience one every 350 hours, according to the U.S. Centers for Disease Control and Prevention. It is estimated that one in five equestrians will be seriously injured during their riding careers. And novice riders, especially children and young adults, are eight times more likely to suffer a serious injury than professional equestrians.

The campaign features several tools to inform and educate, including a series of informational brochures; continuing medical education opportunities for medical personnel and first responders; education-based programs; and an interactive website featuring safety tips and stories from riders who were injured. The website also includes a horse rider safety blog, written by Fernanda Camargo, equine extension professor within the UK College of Agriculture, Food and Environment.

To visit the campaign website, share tips about experiences involving horse and rider safety, read the blog or download a copy of the newest booklets, visit <http://ukhealthcare.uky.edu/SaddleUp/>.



Equine Science and Management Alumni Profile

Natalie Voss, '10

Feature Writer at the Paulick Report



Voss and her horse, Jitterbug.
Photo credit: Dark Horse Photography

By Jackson Wells

Where is home for you?

Powhatan, Va.

How did you first become involved in the horse industry?

I grew up riding hunter/jumpers, I also watched racing at any chance I could get. For my first year at UK, I rode on the University of Kentucky Equestrian Team - Hunt Seat. I then switched to eventing. I also worked at Maine Chance Farm, halter broke a few yearlings and worked at the Thoroughbred sales.

What were your career goals before graduation?

I came to UK wanting to be a trainer, but then transitioned to writing.

What led you to this position? Did you have certain internships, professors or classes that influenced you?

Dr. Lawrence's Anatomy and Conformation class had the leg dissection that was pretty gross, but really helps me today (with anatomy). I really enjoyed Dr. Coleman's Capstone class because it made me think critically about issues and to try to understand that a lot of problems are not as black or white as you want them to be.

My writing developed the most from the edits I have received. I have had really good editors. Jenny Evans and Holly Wiemers (at the Ag Equine Programs office) always gave me good feedback. Ray Paulick and Scott Jagow at the Paulick Report have helped me tremendously. Tom Martin (currently at UnderMain) really helped me develop pitches, and figure out which stories were the most relevant to the audience.

What are your current job responsibilities?

I am the Feature Writer at the Paulick Report- a central news source for Thoroughbred racing, breeding and industry news. I also write the columns "Good News Friday," and "Q and A." My horse Jitterbug "writes" a column for the Chronicle of the Horse on topics relating to human management.

How are you currently involved in the horse industry?

I currently own a horse, Jitterbug.

What advice do you have for current equine students?

I think the job market remains tough everywhere, especially in the horse industry. Diversifying your resume, in terms of elective classes and practical experiences, can really be beneficial. The more skills you have, the easier it is to make a case for yourself when you're applying for an internship or job. On a similar note, don't burn your bridges: even if you find a particular type of job isn't for you, it's still a chance to make a good contact for the future.

Horses and Hope Trail Ride

First Lady's Invitation

Please join me for a trail ride at the Kentucky Horse Park to benefit HORSES and HOPESM – a partnership I began with the Kentucky Cancer Program in 2008. Events are held across Kentucky to honor breast cancer survivors, to raise breast cancer awareness among fans, and to provide breast cancer education and mammography screening to horse industry workers.

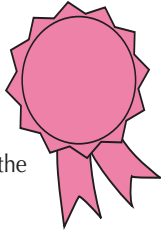
HORSES and HOPE started at Kentucky's four Thoroughbred racetracks – Keeneland in Lexington, Turfway Park in Florence, Churchill Downs in Louisville, and Ellis Park in Henderson. Since then we've expanded to include our state's American Saddlebred horse shows including the World's Championship Horse Show at the Kentucky State Fair and other equine venues. More than 600,000 race fans, equine enthusiasts, and horse industry workers have received breast cancer information and services through HORSES and HOPE.

I invite you, your friends and family, to join us for this event. I hope to tell you more about HORSES and HOPE and how a Saturday trail ride can make a difference in the lives of our horse industry workers and their families.

Jane Beshear

BE "PRETTY IN PINK"

Prizes will be awarded to the most "pinked out" riders and "pinked out" horses at the event. Get in the spirit and "Pink Out!"



About the Ride

The Kentucky Horse Park and its 1200 acres are called the "epicenter of equestrian life, sports and business." More than 10 miles of marked trails and open fields are available for the ride. Riders may explore the park by choosing one of two options:

- ❖ Enjoy a "Guided Tour" of the Horse Park that highlights scenic, historic, or otherwise special places along the way. The guided tour groups will depart continually from 11:00 a.m. to 12:30 p.m.
- ❖ Take an "On Your Own Tour" of the park trails, riding anytime between 10:00 a.m. and 2:00 p.m.

All rides leave from the START.



SCHEDULE OF EVENTS

9:00 a.m.

Registration Opens

All riders must check in and receive a wristband.

10:00 - 11:00 a.m.

"Pretty in Pink" Judging

10:00 a.m. - 2:00 p.m.

Trail Ride

2:30 p.m.

BBQ Picnic at Alltech Arena

Welcome by First Lady Jane Beshear
Merchandise Sales, Prize Drawings, and
Silent Auction

Event Information

WHEN Sunday, September 14, 2014

WHERE Kentucky Horse Park, Lexington

COST Pre-Register by September 7 – \$65

After September 7, late or on-site registration – \$75

BBQ Picnic only – \$25

Cash/checks only at this event.

HONORS REGISTRATION: \$100

With a \$100 registration fee, a sign will be posted to honor your designated breast cancer survivor, OR in memory of a friend/loved one lost to breast cancer.

The additional \$35 is a tax-deductible donation.

What's Included?

In addition to the trail ride, the registration fee includes:

- ❖ A commemorative "Horses and Hope" gift.
- ❖ Free park admission and access to park attractions.
- ❖ BBQ Picnic.
- ❖ Silent Auction.

New for 2014!

Advance your skills over obstacles with Captain Lisa Rakes of the Kentucky Horse Park Mounted Police. Watch the website www.horsesandhope.org for updates on this great confidence builder for you and your horse. Sign up at registration. Additional fee will apply.



Photo: Lexington Herald-Leader

Horses and Hope Trail Ride Registration Form

First Name	Last Name	Circle One: Guided Tour On Your Own	
Street Address	City	State	ZIP
Sex: <input type="checkbox"/> Female <input type="checkbox"/> Male	Age	Email	Phone
Emergency Contact Name	Emergency Contact Phone	T-shirt Size S M L XL	

Circle One:	Regular Registration \$65	Honors Registration (See brochure for details.) \$100	Lunch Only \$25
Optional Tax-Deductible Donation			
Total Paid by Check			

Are you a breast cancer survivor? (Please check if yes.) _____

WAIVER AND RELEASE FORM

As a participant in the Horses and Hope Trail Ride (HHTR), I acknowledge the risks and potential for the risks of a horseback-riding event and horse-related activities. I hereby, intending to be legally bound, for myself, my heirs and assigns, executors or administrators, waive and release all claims for damage against Horses and Hope, the Kentucky Cancer Program, the Office of the First Lady, their employees, volunteers, agents, administrators, or their representatives for any and all injuries and/or losses I may sustain while participating in the Horses and Hope Trail Ride Event.

WARNING

Under Kentucky law, a farm animal activity sponsor, farm animal professional or other person does not have the duty to eliminate all risks of injury of participation in farm animal activities. There are inherent risks of injury that you voluntarily accept if you participate in farm animal activities.

Rider's Name (Please Print): _____

Rider's Signature: _____ Date: _____

Signature of Parent/Legal Guardian of Minor: _____ Date: _____

Witness: _____ Date: _____

PHOTO RELEASE

I DO I DO NOT

Consent to and authorize the use and reproduction by HHTR of any and all photographs and other audio-visual materials taken of me for promotional material, educational activities, exhibits, electronic publications (including web sites and social media) or for any other use for the benefit of the program.

Signed: _____ Date: _____

Please tell us how you heard about the Horses and Hope Trail Ride: _____

Mail form and payment to: Horses and Hope, Office of the First Lady, 700 Capitol Ave., Suite 102, Frankfort, KY 40601.

Welcome Back BBQ

For Equine Science and Management Students



Sept. 15, 5 p.m., E.S. Good Barn

Equine Science and Management students, faculty and staff, please help us kickoff the Fall 2014 semester equine-style! Free food, a meet-and-greet with our clubs and teams and the 2nd annual Equestrian Olympics!

RSVP by Sept. 10 to equine@uky.edu or 859-257-2226



Equestrian Olympics

Registration Form



Sept. 15, 2014 5 p.m. E.S. Good Barn

Sign up your team of four to participate in events based on our equine clubs! Teams can be a combination of students, faculty and staff. Prizes will be awarded to the winning teams.

Team Name: _____

Team Contact Name: _____

Team Contact Phone Number: _____

Team Contact Email-Address: _____

Team Member Names:



Registration forms can be returned to the UK Ag Equine Programs Office (N-212 Ag Sciences North) or via email at equine@uky.edu by Sept. 10.

For more information or if you have questions, please contact the Equine Programs office at equine@uky.edu or (855) 257-2226.

Clubs and teams updates

Equestrian Team

The Western Equestrian Team's first meeting will be Aug. 28 at 5 p.m. in the Alumni Gallery of the W.T. Young library. We encourage everyone to come and learn about our team, whether or not you've ridden before.

Polo Team

Kentucky Wildcats were well-represented this summer at a clinic held by the Polo Training Foundation at the University of Virginia. The clinic is held for middle and high school students who want to improve their understanding of polo. Kids are split into teams named for top college polo programs on the east coast including UK, UCONN and UVA. Seen in the middle of the image is Posey Obrecht, UK graduate of the Class of 2013 and past UK Polo Present.

Interested in learning more about the UK Polo team? We will be holding a meeting on Sept. 9 at 6 p.m. Location will be decided at a later date. If interested, please email Rebecca Kozlowski at beccakoz@comcast.net so that we can let you know where the meeting will be and provide you with other information. Hope to see you there!



CLUBS AND TEAMS DIRECTORY

DRESSAGE AND EVENTING TEAM

Advisor: Dr. Jill Stowe, jill.stowe@uky.edu
 President: Aileen O'Brien, aileen.obrien216@gmail.com
 Facebook: UK Dressage and Eventing

HORSE RACING CLUB

Advisor: Dr. Laurie Lawrence, llawrenc@email.uky.edu
 President: Bethany Wurl, Bethany.Wurl@uky.edu
 Facebook: University of Kentucky Horse Racing Club

EQUESTRIAN TEAM

Advisor: Dr. Bob Coleman, rcoleman@email.uky.edu

HUNT SEAT TEAM

President: Haley Dowty, uk.equestrianteam@gmail.com
 Facebook: University of Kentucky Equestrian Team

WESTERN TEAM

President: Fallon Jackson, f.jackson@uky.edu
 Facebook: University of Kentucky Western IHSA Team

POLO TEAM

Advisor: Dr. Roger Brown, rogerbrown@uky.edu
 President: Rebecca Kozlowski, beccakoz@comcast.net
 Facebook: U of Kentucky Polo

R.E.A.D. CLUB

Advisor: Dr. Kristine Urschel, klur222@uky.edu
 President: Sarah Sivinski, sesi225@g.uky.edu
 Facebook: READ Club

RODEO TEAM

Advisor: Elizabeth LaBonty, elizabeth.labonty@uky.edu
 President: Adam Menker, ukrodeoteam@gmail.com
 Facebook: University of Kentucky Rodeo Team/Club

SADDLE SEAT TEAM

Advisor: Dr. Mary Rossano, mary.rossano@uky.edu
 President: Andrew Slater, ajs1225@g.uky.edu
 Facebook: UK Saddleseat Team 2013-2014 (Group)

University of Kentucky Equine Clubs and Teams

	Dressage and Eventing Team	Horse Racing Club	IHSA Team Hunt Seat	IHSA Team Western Seat	Polo Team	R.E.A.D. (Research in Equine and Agricultural Disciplines Club)	Saddle Seat Team	Rodeo Team
Advisor	Dr. Jill Stowe (859) 218-1652 jill.stowe@uky.edu	Dr. Laurie Lawrence (859) 257-7509 llawrenc@uky.edu	Dr. Bob Coleman (859) 257-9451 rcoleman@uky.edu	Dr. Bob Coleman (859) 257-9451 rcoleman@uky.edu	Dr. Roger Brown (859) 257-7257 rogerbrown@uky.edu	Dr. Kristine Urschel (859) 257-7748 klur222@uky.edu	Dr. Mary Rossano (859) 257-7552 mary.rossano@uky.edu	Ms. Elizabeth LaBonty (859) 257-2226 elizabeth.labonty@uky.edu
President	Aileen O'Brien aileen.obrien216@gmail.com	Bethany Wurl Bethany.wurl@uky.edu_or ukhorseracingclub@gmail.com	Haley Dowty Uk.equestrianteam@gmail.com	Fallon Jackson f.jackson@uky.edu	Rebecca Kozlowski beccakoz@comcast.net	Sarah Sivinski sarah.sivinski@uky.edu	Andrew Slater Ajsl225@uky.edu_or uksaddlesatteam@gmail.com	Adam Menker ukrodoteam@gmail.com
Coach	Emily Hamel (859) 585-1607 Emily@thefarmatwin.dyknoll.com	N/A	Diana Conlon (859) 221-3302 olivehillsporthorses@gmail.com	Bennie Sargent btsquarter@aol.com	Jorge Vasquez Jorge@lexingtonpolo.com	N/A	Stephanie Sedlacko (859) 887-0955 Stephanie.sedlacko@wingsweptfarm.com	Team Manager: Michael Dick (859) 339-0290
Farm	Valley View Farm Midway, KY	N/A	Robert Murphy Stables Lexington, KY	Bennie Sargent Quarter Horses Paris, KY	West Wind Stables Lexington, KY	N/A	Wingswept Farm Nicholasville, KY	Hodge Arena & Stables Versailles, KY
Meetings	bimonthly	once a month	weekly	weekly	once a month	once a month	monthly/bimonthly	monthly
Costs Per Semester (As of Spring 2014)	\$40 dues \$40 per lesson \$300 competitions	\$15/semester or \$25/year	\$450 for dues and lessons \$25 per class at horse shows	\$450 for dues and lessons \$25 per class at horse shows	\$1,500 Varsity Dues \$200 Club Dues \$35/lesson for private lessons	No dues	\$150 dues \$120 for 4 lessons \$120 each show	\$25 dues \$350 for timed events \$600 for rough stock (per semester) \$235 NIRA Card (needed to compete) 2 practices/week
Lessons	2-3 times a month	N/A	once a week	once a week	2-3 times a week	N/A	2-3 time a month	
Competitions	3 Fall/4 Spring	N/A	4 horse shows = 4 classes per semester	4 horse shows = 4 classes per semester	8 Fall/8 Spring	N/A	2 Fall/3 Spring	10 rodeos/year
Field Trips	2 Fall/2 Spring	3 Fall/3 Spring	N/A	N/A	4 Fall/4 Spring	once a month	N/A	N/A

For more information about our equine clubs and teams, please visit <http://www2.ca.uky.edu/equine/>